



WORLD
TAEKWONDO
MONROE/TRUMBULL



effective from September 2nd 2025 ~

Master Gunsoo - Monroetrumbulltkd@gmail.com Call ~ 203 - 892 - 7118

535 Monroe Turnpike B-4, Monroe, CT, 06468

	Mon	Tue	Wed	Thur	Fri	Sat
After School Taekwondo Programs	Jane Ryan 3:30 - 4:30	Christian Heritage 2:45 - 3:30	Daniels Farm 3:30 - 4:30	St. Catherine 2:30 - 3:30	Tashua 3:30 - 4:30	Private lesson 8:30 - 12:00
Little Tiger		5:35 - 6:05 (Age 3-5)			5:10 - 5:40 (Age 3-5)	
Level 1	4:20 - 5:00	4:10 - 4:50 6:05 - 6:45	6:30 - 7:10	4:50 - 5:30 6:10 - 6:50	4:30 - 5:10	Birthday Party 12:00 - 1:30
Level 2	4:20 - 5:00	4:50 - 5:30 6:05 - 6:45	6:30 - 7:10 Sparring Class	4:10 - 4:50 Sparring Class 6:10 - 6:50 Sparring Class	4:30 - 5:10 Sparring Class	
Level 3, 4 & 5	5:00 - 5:40		5:50 - 6:30	5:30 - 6:10	5:40 - 6:20	
Level 3, 4 & 5	6:30 - 7:10		4:20 - 5:00			
Black Belt Club	5:40 - 6:30 BBC Full Sparring		5:00-5:50 BBC Full Sparring	6:55 - 7:35 Adult BBC Full Sparring	6:20 - 7:10 BBC Full Sparring	
Junior & Adult		6:50 - 7:30		7:35 - 8:15 Sparring Class		
Private Lesson	7:50 - 8:20	7:30 - 8:00		7:35 - 8:15	7:50 - 8:20	
Level 4 & 5	7:10 - 7:50				7:10 - 7:50	